



E-BULLETIN

CHILD DEVELOPMENT SOCIETY

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Online Safety for Adolescents: Radio Program

Rupantaran Peer Educators collaborated with ChildSafeNet Organization to record a program on online safety for adolescents. The Equal Access Digital Broadcasting Initiative featured Sunita Gurung, Bishal Manandhar, Ekata Maharjan, and Bipins Rai discussing the challenges and risks of using the internet. The conversation was relatable to young people and focused on providing practical advice for staying safe online. The program was broadcasted on Kantipur F.M and over 100 F.M. radios, providing valuable insights and equipping adolescents with the knowledge to navigate the online world safely.



Peer Educators During Recording Session

Protective Skills Training to Adolescents Girls

Adolescent girls in Kirtipur Municipality and Kathmandu Metropolitan City-16 received training on protective skills. The three-day training aimed to equip the girls with self-defense techniques and enhance their ability to protect themselves in the context of adolescent boys in the community. Mock sessions were used to teach defensive moves, while participants also learned about the importance of family, the adolescent period, appropriate timing for marriage, and menstrual hygiene. The training was a valuable opportunity for the girls to gain essential knowledge and skills for their safety and wellbeing.



Glimpses of the Training

Positive Parenting Training

Kirtipur municipality wards 3 and 9, in coordination with CDS, jointly organized eight sessions on positive parenting for the parents of most vulnerable children (MVC). The aim was to build positive skills in parents to better nurture their children. Facilitators used different methodologies to deliver messages on positive parenting skills, such as the river of life, stress management, and communication skills. Parents connected with their childhood memories through these activities and discussed how their own upbringing influences their current behavior as parents. The positive parenting sessions were



Participants Group Photo,
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also delivered to registered children's parents in Kathmandu Metropolitan City ward 16 as part of the Age Appropriate Life Skills program. The sessions focused on parents of children aged 0-49 months (around 4 years old) and aimed to provide them with essential skills for positive parenting. These initiatives are crucial for promoting healthy parent-child relationships and ensuring children receive the nurturing they need to thrive.



**River of
Life
Exercise**



Child Protection Mechanism Training to CRC Members

The Child Rights Committee (CRC) of Kirtipur municipality at both ward and municipal levels, including the head of the Women and Children Department, participated in a three-day training on child protection mechanisms. During the training, the CRC members created a community map to identify how to refer issues related to children, and an action plan was formulated for prompt action by the CRC. The members shared their experiences with the facilitators to find solutions to cases in their locality. The Deputy Mayor of Kirtipur Municipality monitored the training and emphasized its importance in helping the CRC operate at the grassroots level to identify and address child protection and rights issues. This training is crucial for building the capacity of CRC members and ensuring they can effectively protect the rights of children in their respective community.



Participants Group Photo,
Kirtipur

Health Screening Camp with Registered Children

A Health Screening Camp was held in March in Kirtipur Municipality and Kathmandu Metropolitan City Ward 16. The camp saw the participation of around 2,428 Registered Children who underwent health screenings including eye, teeth, and ear examinations, as well as weight and height measurements. Health personnel from the respective ward and municipality provided counseling and feedback on sanitation and other aspects of care. The camp also included orientation and sensitization about food taboos, with the support of the NRL Project team/GNN (Good Neighbors Nepal). Due to the success of the camp, it will be held again in April to encourage even more participation. .



Health Screening Camp



Glimpses of the Health Camp

Rupantaran Sessions



Peer educators are conducting Rupantaran sessions in all clusters of Balaju and Kirtipur Municipality. A joint monitoring by the local government has positively impacted the community's ownership of the program. The training sessions are being conducted in Kirtipur Municipality wards 3, 4, 6, 7, and 10, with ward 2 also starting the Rupantaran session. In Kathmandu Metropolitan City-16, the clusters of Paknajol, Boharatar, Bypass, Banasthali, and Khusibu are receiving the sessions. Ward no.4 has also started providing incentives to peer educators as per the memorandum of agreement (MoA) with the local government for budget sharing.

CDS Field Team conducts vital registration awareness to the community people through Social Protection Scheme Program. In March, 4 registrations resulted from their facilitation. The team emphasizes vital registration importance, and orients the local community.

Psycho-social Counselling

Children need to be taken care of by adults (parents). They are likely in a vulnerable situation (physically, emotionally and mentally), if they are neglected, not given care, love and protected. In total 24 children and adults are supported through psycho-social counselling in the month of March by following individual and group counselling method.

Child Club Reformation Process

Kirtipur Municipality's ward no. 2 and 6 have reestablished a child club with the support of Child Development Society and WVI Nepal. The child club's executive members were newly elected, and their roles and responsibilities were delegated to the board positions. CDS provided guidance to the child club members during the restructuring process, emphasizing the importance of child clubs, the transfer of responsibilities, and children's rights. This initiative aims to provide a platform for children to voice their concerns and engage in community development.



Newly Elected Child Club Members

CMS Orientations and CBOs Meeting

In March, CDS conducted orientation programs and meetings to build capacity and awareness among community members, stakeholders, teachers, community-based organizations, and registered children on child monitoring and well-being. Through three orientation programs, CDS aimed to increase the community's understanding of child monitoring and ensure sustainability and fairness in project activities. Additionally, five meetings were held to discuss child well-being issues and refer critical cases to the concerning authority. The meetings involved CBO groups from Kirtipur Municipality ward no. 2, 3 & 9 and Kathmandu Metropolitan city-16. In the previous month, CDS had provided orientation sessions for Saving for Transformation (S4T) groups on the sponsorship approach and child monitoring system (CMS). The meetings' main objective was to discuss CWB issues and refer them to the concerning authority. The participants agreed that if they noticed any child well-being and protection issues, they would call the child helpline (1098) and inform the CRC and ward office for further action.



IEC materials of child labor (hoarding board) have been installed at Kirtipur Municipality ward-7, near to the children's park.

Monitoring visit from Ministry of Labor Employment and social security



Interaction with Children, Day Care staff and brick industry worker

A team led by Joint-Secretary from the Ministry of Labor, Employment and Social Security visited two brick industries in Lalitpur Ward 22 to ensure compliance with labor laws and regulations, particularly regarding child labor, on March 16, 2023. The team inspected the facilities and found some children playing in the industry area instead of attending school. They also visited the daycare centers at both industries and discussed with parents and children about its benefits. The team inquired about the impact of the BRiCKK project on the participants' lives and whether it brought any positive changes.

Orientation on Social Protection Schemes



Glimpses of Orientation

On March 23, 2023, a section officer from the Social Welfare Development office in Lalitpur conducted two orientation sessions on social protection for two brick industries: Newa Brick Industry and UK Brick Industry. The sessions were designed to emphasize the importance of essential documents such as citizenship, marriage certificates, disability cards, and single women cards, and the benefits of obtaining them. The resource person provided a clear explanation of the importance of these documents and the application process, while also highlighting the challenges citizens may face if they lack these documents.

Through open conversations between participants and the resource person, the effectiveness of the orientation was enhanced. Overall, the session provided participants with a deeper understanding of the significance of these essential documents and how they can positively impact their lives.

Wall Comic Story Book Training to Registered Children

Three days wall comic story book training has been conducted to Registered Children (RC). Child rights and protection issues of communities were portrayed through a story in wall comic. Through the training, the ground realities of child rights and protection issues are clearly seen which are facing by children in communities. The session was purely a medium to show issues of children's rights and protection. In total 20 different issues were portrayed through wall comic. Menstruation, Trafficking, Junk Foods, Discrimination were the measure issues covered on the comic story.



Group Photo With Participants



Some Comic Story Created by the Participants

Orientation on sponsorship approach, CWB objectives and sponsorship essentials

The orientation on sponsorship approach, CWB objectives and sponsorship essentials. The main aim of orientation is to make aware on basic concept of sponsorship approach that support to have common understanding on sponsorship approach & its prominent role in child well-being from community level. To secure child rights; protection and participation, it is necessary to engage community. Therefore, the concept of community led protection and participation has been oriented to the CRC members. Why there is need of sponsorship in the community? Moreover, who is more responsible to monitor the activities of sponsor child? On the other hand, why there is no check and balance mechanism in selection of registered child? are the frequently asked questions by the community. To make common understand by community, the concept of community led sponsorship essential and monitoring are oriented to CRC members. Similarly, Sponsorship Approach Orientation was given to Local (Both RC and Non RC) Families of Kirtipur and Balaju Side, and to child club members at capacity building training.

In the month of March, stationeries , rations and school uniform were supported to 8 Most Vulnerable Children (MVC).

Women's Day 2079

113th International Women's Day with the slogan 'A strong foundation for gender equality: expansion of women's access to creative technologies', a documentary show on 'Women's self-reliance success story' was conducted with women's of SEEP group at CDS Head Office, Kapan. Also, plantation program was conducted with the group.



SEEP Group Stall at Exhibition

CDS is thrilled to announce the remarkable progress made by the Saving Groups of the Self Employment and Education Project (SEEP), which is implemented by CDS with the support of Rotary Club Dillibazar and Friends of Adelaide Nepal Inc. (FoNAI).

Recently, the Saving Groups had the opportunity to showcase their products in a two-day exhibition (17-18 March 2023) organized by the Municipality in Budhanilkantha. The exhibition featured an impressive array of Quail Eggs and Vegetable products, highlighting the outstanding entrepreneurial spirit and commitment to social change of the group members. CDS facilitated the formation of the groups and provided 6 months of literacy, numerical calculation, and social entrepreneurship classes. Currently, there are 41 members in the Saving Groups who regularly deposit a certain amount of money.



This achievement is a testament to the hard work and dedication of the Saving Groups and demonstrates the effectiveness of the SEEP project in empowering communities through entrepreneurship and education. CDS is proud to support the Saving Groups and looks forward to their continued success.

About us:

Child Development Society, founded in 1991 A.D has been working for the overall development of the children through protecting and promoting their rights as enshrined in international conventions, national laws and policies. The major areas of interventions of CDS are child protection, quality education, mother and child health and livelihood.



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