



# E-BULLETIN

## CHILD DEVELOPMENT SOCIETY

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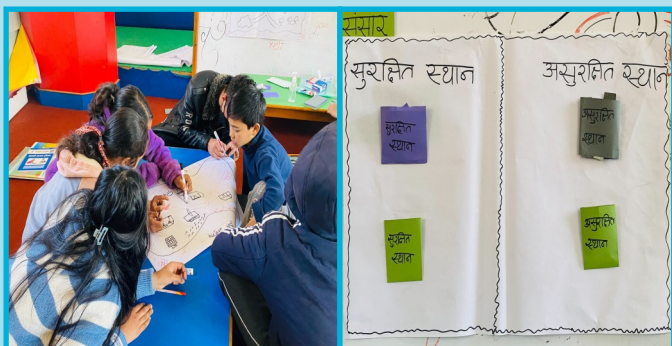


#### Rupantaran Sessions at Community Level



**Rupantran** sessions led by peer educators began on January 7, 2023 in 5 clusters of Kathmandu Metropolitan City Ward 16 and in wards 3, 4, 6, 7, and 10 of Kirtipur Municipality. In KMC Ward 16, sessions are held in Paknajol, Khusibu, Baipass, Banasthali, and Boharatar. The success of the initial Rupantaran sessions can be attributed to the involvement of the community in the planning process. This was achieved through consultations with community members, which led to a high number of both registered and non-registered children participating in the sessions. The presence of both types of children indicates that the program has reached a wide audience and has been well received by the community. This highlights the importance of community involvement in ensuring the success of programs like Rupantaran.

The local government's joint monitoring team has positively influenced the program's implementation at the community level. Program coordinator and thematic officer are working with each ward in Kirtipur Municipality to cover the cost of one peer educator's incentives and communication for 24 sessions. Ward 3 has already signed a MOA for budget sharing, while Wards 7 and 10 and Kirtipur Municipality have expressed positive support. KMC Ward 16 is also planning to independently conduct 1 Rupantaran Session.



Children Involved in risk mapping

This month, peer educators have facilitated the learning and self-awareness of participating children through the Rupantaran Module 1: "My World" and Module 2: "Self Awakening". The children have been able to identify safe and unsafe places in their community and have learned about stress management, resulting in the development of their own coping strategies. In addition, peer educators have been providing sessions on self-protective skills during Rupantaran classes.

## Capacity Building Training to Child Club

A two-day capacity building training was held for the members of ward level child club from Kirtipur Municipality and Kathmandu Metropolitan City-16 on January 14-15, 2023. The goal of the training was to increase the capacity and understanding of child club members regarding the concept of child rights and their responsibilities in making the child club operational. Participants learned about the four pillars of child rights, the role and function of child clubs, mobilization, sustainability, co-operation, and partnering with adolescents. The training also covered participation in local level planning processes. Through the training, members gained confidence in expressing their opinions on child rights issues. One participant shared a personal experience, where a friend was being mistreated by their mother. Through the discussions, participants gained a basic understanding of how to operate their child clubs and were encouraged to pass on the knowledge to the rest of their members.

The training was designed in a child-friendly manner, encouraging participants to share their perspectives on child rights. Participatory and hands-on approaches allowed participants to openly discuss their experiences with school-related issues.

Participants requested additional training sessions due to the high impact of the content.

**A similar 2-day capacity building program** was held for the ward-level and school-level child clubs network in Lalitpur Metropolitan City- 22. The event was organized by the child rights committee in collaboration with CDS and WVI.



**Group Photo with Participants, Lalitpur—22**

led discussions on child rights and protection mechanisms on the first day and roles and responsibilities of child club members on the second day. The ward chairperson and the executive director of CDS handed out certificates to participants at the end of the program, expressing their appreciation for the collaboration and hope for future partnerships in the children's sector.



**Participants at Training Session**



## Child Monitoring Standard (CMS) and Sponsorship Approach

Orientation programs have been conducted in Kirtipur Municipality ward 8 and 10 and Kathmandu Metropolitan city-16, Balaju to raise awareness and capacitate community members, teachers, community organizations and registered children about child monitoring. The orientation program also aims to make participants aware of the sponsorship approach and its importance in ensuring child well-being from the community level. These programs aim to provide a common understanding of the CDS and WVI Nepal child sponsorship approach and its role in promoting sustainability and fairness in project activities. The orientation is aimed at promoting child monitoring at the community level and providing support for child well-being.



**Sponsorship Orientation, Boharatar**

### Sponsorship Core Business Process

CDS Sponsorship Field Mobilizers has been conducting as a one of the core initiatives regarding child sponsorship program. Some of the major activities under sponsorship business process are as follow:

Monitoring of Registered Children (Presence, Health, Education, and family participation in the program).

Correspondence work (Introductory Letter, Reply

### Emergency health support

CDS provided support to aged 2 years old Registered Child from Kirtipur ward-9. She was suffering from Typhoid and was admitted to Kirtipur Hospital. She was supported with NRS 10,258/- She has already been discharged and her health is recovering. CDS is supporting child of family with poor economic condition under sponsorship program.

### Emergency Health Support



### Reformation of Child Rights Committee

Child Rights Committee (CRC) reformation at Kirtipur Municipality ward 4, 5, 9 and 10 have been completed by the facilitation of CDS. New executive members have committed to work for the promotion of child rights in their respective wards and would push for budget allocation in annual program.

## Positive Parenting sessions to community

A day-long session on positive parenting was held at Nepal Yubak School in Kathmandu and Kirtipur Municipality Ward-2. The aim of the session was to equip parents with positive parenting skills and to support them in nurturing their children. The facilitators used various methods to convey the messages of positive parenting, such as the river of life and skills for managing stress and communicating effectively. The session provided an opportunity for parents to reflect on their own childhood experiences and examine their current parenting practices. Through discussions and activities, the parents reconnected with their childhood memories and considered the differences between their own experiences and their current parenting behaviors. The session aimed to foster positive growth and development for both parents and their children.



**River of Life exercise with parents**

## Orientation to the RCF on Child rights and child protection issues and services

An orientation on child protection was held for the families of registered children in Kathmandu Metropolitan City-16, Balaju, and Kirtipur Municipality-7. The communities and families were educated on the services related to child rights and protection, based on the "Children's Act 2075" and the role of local government in promoting the health and education rights of children. The basic principles of child rights and protection were discussed, with a focus on their implementation in every household. During the orientation, some mothers raised questions about their rights to discipline their children when they don't obey. There were also instances of children disrupting the session, which provided opportunities for the facilitators to demonstrate the importance of understanding a child's psychology and using a need-based approach in handling challenging behavior. One example was a child who was happily playing when the mother stepped out of the room, demonstrating the positive impact of child rights and protection.

### Interaction between children and stakeholders

With the goal of identifying issues affecting children and creating action plans with the involvement of stakeholders, CBOs, and children, an interaction program was held at Kirtipur Municipality Ward 3, facilitated by CDS staff. The children were taught about their rights and responsibilities and encouraged to raise their issues for discussion. This resulted in a large number of issues being brought forward by the children. The program aimed to create a collaborative platform for children and stakeholders to address the challenges facing children.

### MVC Support

CDS supported 7 vulnerable children, including 4 registered children, with winter clothing, stationery, and groceries during the winter season to help those from a disadvantaged financial background.

## Review Meeting with CFLG Committee

The taskforce of the Child Friendly Local Governance (CFLG) in ward no. 7 of Kirtipur Municipality held a review meeting to assess their current progress. The meeting revised the date for the declaration of CFLG ward to 7th Falgun, 2079 and committed to completing the ward profile prior to the completion date. A review of the ward profile was conducted at the office of the Head of Social Development Unit in Kirtipur Municipality with the ward chairperson. Changes were made to school student data.

Orientation on CFLG, its indicators, Child rights, child protection have been conducted by ward no. 7 office to the five different groups of the ward for fifteen days. Facilitation charge were bear by the project side to accomplished the training

## Psychosocial Counselling

In coordination with the Kirtripur municipality, psychosocial counseling has been carried out through case identification at the local level. The Deputy Mayor of Kirtipur Municipality has allocated a budget of Rs. 500,000/- for the purpose of providing counseling to the children and families in the municipality. The project team has shared this information and has requested to connect with local psychosocial counselors to begin the counseling process. To date, 2 children and 1 mother have received counseling services. One mother was facing domestic violence, but was unable to report it due to attachment. In total, 3 individuals, including 2 children, have received psychosocial counseling. One child was consuming *PINDA* (food offered to ancestors during Hindu funeral rites ) due to a lack of financial support. The child was supported through MVC and after two counseling sessions, they participated in the Rupantar sessions to further support their well-being.

## Sydney University Students Visit to Project Sites

The students from Sydney University and Kathmandu Schools of Law visited a project site of the Child Development Society (CDS) located at a brick kiln in Bungamati. CDS, in partnership with World Vision International Nepal (WVI Nepal), is working towards eliminating child labor in the area. The students had a discussion with workers about their daily lives and reasons for working in the kiln. They also spoke with the day care facilitator about the operation and management of the day care center run by CDS and WVI Nepal. After the visit, the students generously donated NPR 10,000/- to support another day care center run by CDS, at Kapan, Budhanilkantha.



**Discussion with Brick Kiln Worker**



## Child Club Formation and Reformation

Kirtipur Municipality ward no. 3 and 9 have reformed a ward level child clubs in facilitation of Child Development Society and WVI Nepal. Child clubs have come up with new executive members through elections. And, the previous Child Clubs handed role and responsibilities to the newly elected members of the child clubs. During reformation of child clubs, CDS staff have facilitated members of child clubs on the basic concept of child club's importance and process to handover the role and responsibilities of the clubs.



**Child Club Reformation, Ward 3, Kirtipur**



**Newly Reformed Child Club, Ward 22, Lalitpur**

On January 6, 2023, the Child Development Society and World Vision International Nepal facilitated to reform of the child club network in Lalitpur Metropolitan City Ward 22. A network of 17 members was established, with 4 members from brick industry worker families. CDS and WVI Nepal provided technical support during the reform, discussing the basic concept of the child club network and the roles and responsibilities of its members. Another child

club was also reformed in Jagiriti Tole of Kathmandu Metropolitan City Ward 16, aimed at increasing member involvement.

## Stationery Materials Supported by Lions Club



**Glimpses of Support Event at Day Care Center, Kapan**

The Lions Club of Kathmandu *Subha Aarambha* supported 40 children at the Day Centre in Kapan on January 24, 2023 by providing them with stationery materials. They also provided a day meal for a day care center run by the Child Development Society (CDS) in Kapan, Buddhnilkantha.

## Orientations on National Master Plan on Child Labor



### Presentation on National Master Plan on Child Labour

ward 3. The orientation was facilitated by Mr. Sujan Jojiju-Under Secretary of the Ministry of Labour, Employment and Social Security. He presented the present scenario of the child labor in the context of Nepal including the draft of the policy of Chandragiri to eliminate child labour that align with the National master plan. He also shared about the child labor free declaration guideline and its indicators for making Chandragiri ward 3 as child labor free ward. During the interaction session the major stakeholder shared their queries about the declaring process and also excited for the collaboration with CDS and WVIN. At the end of the orientation program ward chairperson of the Chandragiri-3 gave a commitment of making the ward child labor free ward .

One day long orientation program organized on National Master Plan on Child Labor Elimination and to discuss on child labor free ward declaration guideline at Chandragiri Municipality ward 3. The orientation program was mainly focused to the major stakeholder of Chandragiri Municipality and

## Upcoming...

1. Life skills sessions to registered Children under sponsorship program.
2. Positive discipline ToT to community and government school's teachers.
3. Positive parenting sessions to vulnerable families and Registered Child Family.
4. Health Camp Events and more...

### About us:

Child Development Society, founded in 1991 A.D has been working for the overall development of the children through protecting and promoting their rights as enshrined in international conventions, national laws and policies. The major areas of interventions of CDS are child protection, quality education, mother and child health and livelihood.



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