



# E-BULLETIN

## CHILD DEVELOPMENT SOCIETY

### ISSUE-26 | February, 2023



#### ToT on Online Safety

A two-day (5-6 March, 2023) online safety training in Kathmandu was conducted for peer educators, child club members, and protection mobilizers to train them on how to protect children from online. The training covered topics such as the advantages and disadvantages of the internet, guiding principles for child online protection, internet addiction, online harms and risks for children, different forms of online harms and abuse, commercial sexual exploitation of children, child sexual abuse (offline), online sexual exploitation of children, and online sexual abuse of children. The session also covered topics such as manifestations and trends, child sexual abuse material, hate speech, misinformation and disinformation, privacy and confidentiality, online and offline interconnections of abuse, exploitation, and violence, and how to protect children in the digital age. The session also covered legal provisions for the protection of children online, reporting mechanisms for online platforms, reporting mechanisms for police, helplines and hotlines, and the roles and responsibilities of different entities such as the government, law enforcement agencies, judiciaries, communities, civil society organizations, private sector, media, children, and young people.



**Mr. Anil Raghuvanshi Facilitating the sessions**



**Participants group photo during the training**

#### **Experience shared by the participants:**

The participants of the TOT shared their positive experience, stating that they gained a good understanding of safe internet practices and the importance of staying safe online. They acknowledged that despite using the internet frequently and being knowledgeable about it, they were unaware of the potential online risks and harms. The participants expressed their gratitude for the training and have already begun sharing their newfound knowledge with their friends, families, and communities.

## ToT on Age Specific Life Skill



**Inauguration of Training**

Five days ToT on age specific life skills have conducted to the 26 participants from Kirtipur Municipality and Kathmandu Metropolitan City-16 with jointly inauguration by Deputy Mayor of Kirtipur Municipality and CDS President Mr. Subash Gautam. The Self-awareness, Interpersonal skills, protective skills and social responsibilities are taught in those five days. Peer educators are directly in contact to the registered children of their respective cohorts. Therefore, peer educators are also oriented on sponsorship approaches. As age specific life skills is very new, peer educators are

carefully and descriptively oriented. Peer educators are selected through the recommendation of respective wards letter.



## Positive Parenting

**Positive Parenting** sessions were conducted for parents of Registered Children (RC) and Most Vulnerable Children (MVC) aged 0-48 months. The sessions were based on an age-specific life skills module that was divided into three groups: 0-48 months, 5-7 years, and 8 years and above. Among the 108 RCs aged 0-48 months, 42 were from Kirtipur Municipality and 66 from Kathmandu Metropolitan city-16, and were divided into four groups of 20-30 participants each. The main objective of the sessions was to equip parents with positive parenting skills to help them nurture their children effectively. Facilitators used various methodologies to deliver messages on positive parenting, such as the "river of life," stress management, and communication skills. The sessions also included activities where parents shared their childhood memories and reflected on the differences between their own childhood experiences and their current parenting practices.



**Tree of Life Exercise**



## ToT on Positive Discipline to Teachers

A three-day ToT (2-4 March 2022) on positive discipline was conducted for school teachers of Kathmandu Metropolitan City-16 and Kirtipur Municipality. The training aimed to provide a suitable environment for practicing positive discipline within schools for both teachers and students. Resource person Mr. Chandrika Khatiwada and Rabin Nepali facilitated the training, which supported teachers in analyzing the behavior of students and making plans of action to practice positive discipline. The main objective of the training was to create a positive school environment regarding discipline and conduct a day-long training session in each respective school. Additionally, the training included an orientation on the sponsorship approach for teachers to understand the basic norms of the project activities.



**Group Photo with Participants**

### Rupantaran Sessions

The peer educators have been conducting Rupantran sessions for the second month in Kirtipur Municipality at wards 3, 4, 6, 7 & 10 and Kathmandu Metropolitan city-16, specifically in Paknajol, Boharatar, Bypass, Banasthali and Kusibu. Among the 14 modules, most of the cohorts are currently in modules 5 and 6. The participants in life skills training were identified through community consultation, with a focus on Registered Children (RC), Registered Children Family (RCF) and Most Vulnerable Children (MVC). The community has slowly started to see the effectiveness of the training.



### Meeting with Child Rights Committee (CRC)

The Child Rights Committee (CRC) has been reformed in Kirtipur Municipality wards 5 and 10 with the facilitation of CDS. The new executive members have pledged to work towards promoting and protecting the rights of children in their respective wards and push for budget allocation in the annual program. A review meeting was also held in ward 7, Kirtipur Municipality, to focus on the Child Friendly Local Governance (CFLG) declaration agenda. The declaration date has been postponed to Chaitra 30 due to technical difficulties.

## Reformation of Child Club



**Child Engagement Exercise**

Three child clubs have been reformed with the support of both Kathmandu Metropolitan City-16 and Kirtipur Municipality Ward No. 1 and 8. The child clubs have elected new executive members, and the role and responsibilities have been handed over to the executive boards. CDS staff members facilitated the members of the child clubs during the reformation process by providing information about the importance of child clubs, the process of handing over roles and responsibilities, and child rights.

### Interaction between Children and Stakeholders

CDS facilitated an interactive program for children and stakeholders, including CBOs, in Kirtipur Municipality and Kathmandu Metropolitan City. The program's primary objective was to empower children by educating them on their rights and responsibilities and equipping them with effective communication skills to discuss their concerns with stakeholders. Through this program, several issues faced by children were identified, and an action plan was developed in each ward to address and prioritize them. The action plan emphasizes active collaboration and participation between stakeholders and children to overcome the identified challenges. This initiative fosters a child-friendly environment where children's voices are heard and their issues are effectively addressed through stakeholder collaboration and participation.



**Children Discussions on Problem they are facing**

### CMS Orientations and CBOs Meeting

Community engagement and ownership are critical for the sustainable implementation of project activities. To facilitate community engagement, orientation programs were conducted in Kirtipur Municipality and Kathmandu Metropolitan City-16, Balaju. The programs aimed to enhance the capacity of community members, stakeholders, teachers, community-based organizations, and registered child monitors. The objective is to enable the community to monitor children at the local level for the sustainable and equitable implementation of project activities. Additionally, CBOs conducted meetings with various groups to facilitate child monitoring processes and promote child welfare. The primary goal of these meetings is to foster ownership within the groups regarding child case management support. These initiatives aim to promote community engagement, ensure sustainability, and improve child welfare through active participation & collaboration among stakeholders.





## Capacity Building on Child friendly Local government

CDS organized a three-day residential orientation program on CFLG from February 17th to 19th, 2023 in Nagarkot for elected representatives and officials of Chandragiri Municipality. The program was attended by the Mayor, Deputy Mayor, Executive Members, Ward Chairpersons, and Section Officers from all departments. The primary objective of the program was to educate the participants on the key elements of CFLG and explore ways to implement them in Chandragiri.



**Group Photo with partici-**

The training was facilitated by Bishnu Bahadur Khatri, Resham Lal Kandel from the Ministry of Federal Affairs & General Administration and Mr. Prakash Sharma CDS Executive Board Member, focusing on the process and indicators for achieving CFLG's goal.

During the program, the participants developed an action plan to declare Chandragiri as a child-friendly local government and tentatively scheduled the declaration for Chaitra of 2082. By the end of the program, the participants had a clear understanding of the roles and responsibilities of various stakeholders and the resources required to achieve the goal of a child-friendly local government. Overall, the program was successful in achieving its objectives and is a significant step towards making Chandragiri a child-friendly local government.

## Joint Monitoring at the brick industry of the Lalitpur Ward 22



**Joint Monitoring Picture**

Recently, a Joint Monitoring program was conducted in three brick industries with the participation of representatives from the Social Welfare Department of the Lalitpur Metropolitan City, the District Police Office, Ward 22 Bungmati, and the Child Rights Committee. The primary objective of this joint monitoring was to assess whether child labor is being used in the brick industry and to raise awareness among the brick owners that using child labor in kilns is a violation of law of the country. The joint monitoring program was a collaborative effort to ensure

that children are not exploited and are not involved in any form of child labor. The monitoring team informed the employers that employing children as labor in the brick kiln is not permissible.

## Sponsorship Approach

In the month of February, orientation on sponsorship approach was given to community member, RC parents, teachers and children during training and field activities. The main objective of this orientation is to build up understanding about project and activities within the community.



## First Aid Training

From 9th to 11th February 2023, a three-day First Aid training was provided to the Health and Safety Committee of a Brick Industry in Vahinsepati, Lalitpur. The workers in the brick industry are at risk of various injuries and accidents, such as cuts, burns, falls, and exposure to hazardous chemicals. Some of these injuries can be severe or life-threatening, making it essential for workers to have first aid knowledge. The primary objective of the training was to equip members of the Health and Safety Committee with the knowledge, skills, and confidence to provide basic life support and medical assistance during emergency situations. This training helped the committee members provide critical initial care until professional medical help arrives. Providing first aid training to workers in the brick industry helps them respond to emergencies and provide initial care to themselves or their colleagues, which can ultimately save lives, prevent complications, and reduce the severity of injuries.



**Participants doing practical**

## Capacity Building Program in Child labor monitoring process

The CDS organized a one-day capacity-building and interaction program on February 7th for stakeholders and the monitoring team of Chandragiri Municipality. The main objective of the program was to enhance the capacity of stakeholders in child labor monitoring and proper re-integration processes. The program was facilitated by Mr. Sujan Jojiju, the chief of the labour and employment office, and a representative from the NCRC and Child Help Line.



Representatives from various organizations attended the program and had the opportunity to interact and share their experiences regarding child reintegration. The interactive session was highly productive and provided stakeholders with a better understanding of child labor monitoring and re-integration processes. The program offered valuable insights, practical tips, and best practices to ensure effective re-integration and monitoring of children. Overall, the program was successful in achieving its objectives and building the capacity of stakeholders in child labor monitoring and re-integration.

## Sponsorship Business Process:

To smoothening the business process of Sponsorship, field mobilizers have been conducting regular monitoring of the Registered Children, and other correspondences work.

## Major Highlights...

- Total 2 children are benefited through the psycho-social counselling.
- Total 7 children including RC are supported through MVC. Stationaries, food materials are supported to the most vulnerable children and its families.
- Total 6 vital registrations have been registered in their respective local government offices. Among them 5 are birth registration and one is immigration.

## Upcoming Activities...

- Health Screening of Registered Children in both project area Kirtipur Municipality and Kathmandu Metropolitan City-16.
- Child Expression Worksheet (CEW) with Registered Children
- Age Specific Life Skill Sessions will be conducted along with CEW.
- Self Defense Training to Adolescents girls.
- Training on Child Protection Mechanism

## CDS Day care operation, Kapan

On the month of February CDS day care was run with support of CDS Staffs, Member, and other external organization. All of them supported with day care meal which has helped to run the center smoothly. Similarly, Lions club of Kathmandu Kohinoor has supported with clothes and Lions Club of Kathmandu Subha Aarambha with day meal. We CDS family are running daycare center with own effort and initiations.



### About us:

Child Development Society, founded in 1991 A.D has been working for the overall development of the children through protecting and promoting their rights as enshrined in international conventions, national laws and policies. The major areas of interventions of CDS are child protection, quality education, mother and child health and livelihood.



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